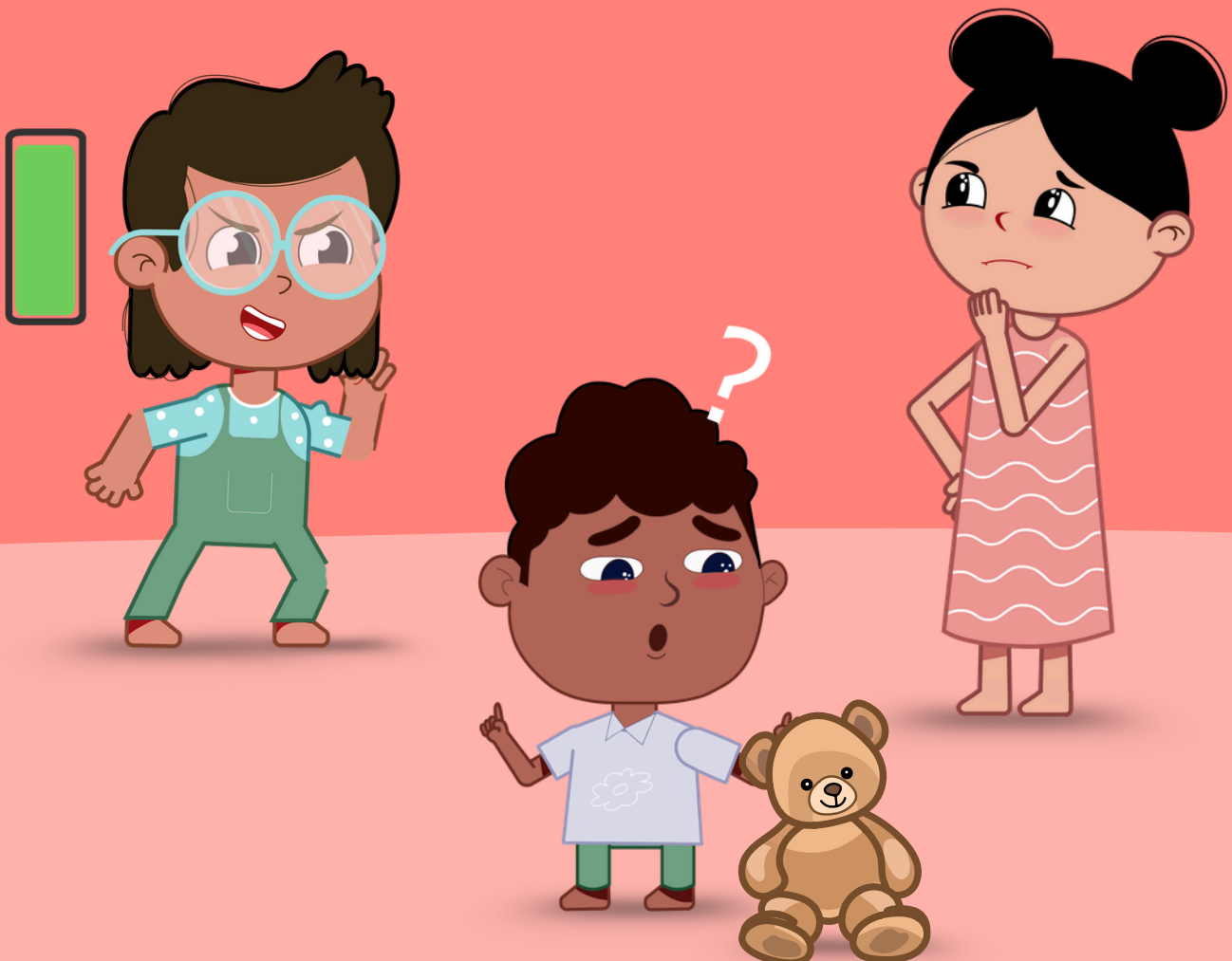


RAISING PROBLEM SOLVERS, NOT PROBLEM AVOIDERS

Helping children navigate disagreements with
confidence, kindness, and empathy.





DON'T RUSH TO SOLVE EVERY PROBLEM

**It's natural to want to step in when children argue.
But not every disagreement needs an adult to fix it.
Small conflicts are opportunities for children to learn:**

- **Communication**
- **Empathy**
- **Problem-solving**
- **Compromise**

**Instead of solving every problem for them, help them
learn how to solve it together.**

GIVE THEM THE WORDS

Young children often know they're upset-but don't always know how to express it.

Teach simple phrases like:

- "I was using that."
- "Can I have a turn when you're done?"
- "I didn't like that."
- "Can we play together?"
- "Can we find another way?"

The more children practise these phrases, the more naturally they'll use them.



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TEACH THEM TO LISTEN, TOO

Conflict isn't just about speaking—it's also about listening. Encourage children to ask:

"How did that make you feel?"

"What happened?"

"What do you think we could do now?"



The goal isn't to decide who's right.

The goal is to help them find a solution together.



LET THEM TRY FIRST

If the disagreement is safe, resist stepping in immediately. Instead, ask:

"What do you think you could do?"

"How can you make this fair?"

"Is there another solution that works for both of you?"

Children build confidence when they discover they can solve small problems on their own.

Of course, if anyone is being hurt or feels unsafe, it's important for an adult to step in straight away.



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WHAT TO SAY INSTEAD

In the middle of a disagreement, children need guidance—not just instructions.



Instead of: **"Just share!"**

Try: **"It looks like you both want the same toy. What are some ways we could make this fair?"**

Instead of: **"Say sorry."**

Try: **"Can you tell them what happened? How do you think they might be feeling?"**

This encourages empathy instead of a forced apology.

Instead of: **"Stop fighting!"**

Try: **"Let's hear one person at a time so we can understand what happened."**

Children learn that every voice deserves to be heard.

Instead of: **"Give it back right now!"**

Try: **"Looks like you're both using the same toy. How can we solve this together?"**

Guide them towards finding a solution instead of solving it for them.

Instead of: **"Because I said so."**

Try: **"What do you think would be the kind thing to do here?"**

This encourages children to think about their choices rather than simply follow instructions.

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A FINAL THOUGHT



Children won't always get it right.
They'll interrupt.
They'll grab toys.
They'll argue.
That's okay.

Every disagreement is an opportunity to practise listening, communicating, problem-solving, and repairing relationships. Our goal isn't to raise children who never disagree. It's to raise children who know how to disagree respectfully, solve problems together, and build healthy relationships. Because the skills they learn on the playground today are the same ones they'll use in friendships, classrooms, workplaces, and life.

Big life skills often begin with the smallest disagreements.



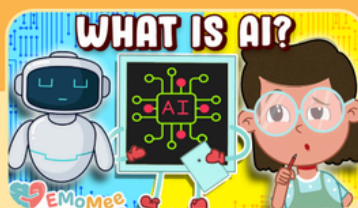
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About Emomee:

EMoMee on YouTube



Emomee blends cartoons to turn everyday moments into meaningful learning for young children. Through bite-sized animated episodes our characters- E, Mo & Mee - guide kids through big questions like “Who invented toothbrushes?” and “What if we never wash our hair?”, while also helping them build everyday habits like brushing teeth, sharing, and tidying up. With storytelling that’s both fun and emotionally rich, Emomee makes growing up feel like an adventure.



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